

Debriefing Record Sheet

Debriefers Name: _____ Debriefers Email: _____ Date: _____
 Pharmacist Grade: _____ Doctor Grade: _____ Nurse Grade: _____ Service User

Please rate your experience of prescribing, helping others prescribe, or treating yourself with insulin:
 A little A moderate amount A lot

Confirm that trainee has chosen a prescribing event and completed a proforma

What grade is trainee? FY1 FY2

Ask them to tell you why they chose the event and describe it in their own words

Write a brief, clear description of the event, why they chose it, potential harm/benefit, and why it was challenging:

Now put a copy of SMAC² and the top tips in front of yourself and the trainee.

Ask the questions down the left-hand side and write brief, clear notes in all boxes (continue overleaf if necessary)

Questions	Make a concise note of the answer. For every point in each box, write S, M, A, C, or O(ther) - examples below S) Trainee will try to involve patients more in insulin prescribing decisions M) Trainee will not hesitate to check with a registrar that she is up to the task O) When trainee moves to a new ward, she will get to know the ward pharmacist
In what aspects of SMAC2 will you change your behaviour?	
When and how will you do this?	
What might make you unsuccessful? How will you prevent that?	
Overall, what have you learned about prescribing insulin well?	

Thinking about this case and the discussion that followed, how would you rate the potential harm or benefit to the patient? Please circle. (NOTE that, in the event of serious potential harm or actual harm, you should follow the 'contingency' guidelines in order to assure patient safety.)

Maximum harm -2 -1 0 1 2 Maximum benefit

How would you rate the emotional impact of this event on the trainee, and how clinically challenging the event was?

Maximum discomfort/distress -2 -1 0 1 2 Maximum satisfaction/reward

Not at all challenging -2 -1 0 1 2 Extremely challenging

Please complete this sentence: This CBD taught me (the debriefer) that a systemic issue, or issues, affecting learning to prescribe or prescribing insulin is/are ...