

## Foundation Trainee Record Sheet

*With the SMAC<sup>2</sup> and top tips in front of you, the debriefer will ask the questions down the left-hand side and help you make commitments to safe insulin prescribing. Please ensure that there is no information written down that could identify patients or staff.*

Questions	For every point in each box, write S, M, A, C, or O(ther) - examples below  S) I will try to involve patients, where possible, in insulin prescribing decisions M) I will not hesitate to check with a registrar that I am up to the task O) When I move to a new ward, I will get to know the ward pharmacist
In what aspects of SMAC <sup>2</sup> will you change your behaviour?	
When and how will you do this?	
What might make you unsuccessful?  How will you prevent that?	
Overall, what have you learned about prescribing insulin well?	

*You can now send your debriefer a ticket for a CBD on your ePortfolio. You can also upload this completed record sheet to your ePortfolio library and link it to the CBD as additional evidence.*