

Act Wisely Adult Inpatient Insulin Run Chart

| Date of | Audit: | | Trust: | | Com | pleted | By: | | |
|--|---------------|---|--|---------------------------------|-----------|--------|-----|----------------|----|
| Time of Audit: Pre 15:00 / Post 15:00 | | | Ward Speciality: Medical / Endocrine I Admission ward or ED / Surgical / COTE / Other | | | | | | er |
| Part A | | | | | | | | | |
| Has ins | ulin been | prescribed on the insulin chart | until at least the ne | ext morning dose? Plea | se circle | 2 | | | |
| YES | S NO | NO N/A(add reason eg prescribed at nlght, switched to IV) | | | | | | | |
| Numbe | er of nights | s the patient has been in hospit | al. Please circle: | 0-6 (please write number | er of nig | hts): | | 7–28>28 | |
| Over th | ne past 7 fu | ull days: (For this run chart. a full d | ay means from 08:00 | to 07:59 on the following | day) | | | | |
| Number of 'good diabetes days (see overleaf for definition of good diabetes days): | | | | | | | | | |
| • 1 | Number of | f hypo events (BG< 4mmol/l: | | | | | | | |
| • 1 | Number of | f hypos occuring between 22:00 |) - 08:00: | | | | | | |
| | | | | | | | | | |
| Part B | | | | | | | | | |
| Please | circle pation | ent responses: | | | | | | | |
| · \ | Were you i | making decisions about your in | sulin dose before a | dmission to hospital? | YES | NO | N/A | | |
| • 1 | n the past | 24 hours has anyone talked to | you about your blo | ood sugar reading? | YES | NO | N/A | Can't Remember | |
| • 1 | n the past | 24 hours has anyone talked to | you about your ins | ulin dose? | YES | NO | N/A | Can't Remember | |
| • 1 | Thank the | patient and ask If they have an | y questions / comm | ents: | | | | | |
| • 1 | f patient h | nas concems or queries about th | neir care, please rel | ay to a member of staff | • | | | | |
| S | taff Name | : | | | | | | | |
| Thank W | Vard Mana | ger before leaving ward | | | | | | | |



Act Wisely Adult Inpatient Insulin Run Chart Notes for Student collecting data

Data to be collected by pre-registration pharmacist. In hospital trusts across NI for 10 random patient Insulin kardexes (50% medical/admission or ED). Aim to collect data on 3rd Wednesday of each month & enter onto audit dashboard.

- Introduce yourself to the ward manager
- Request permission to collect data
- Identify 2-3 patients currently prescribed Insulin, either subcutaneous or Intravenous
- Confirm with ward manager that these patients are fit and well and would be suitable to answer questions on their Insulin prescribing experience
- If patient not suitable to speak with complete Part B as N/A

Part A

Definition of 'good diabetes day'

- Frequency of tests appropriate
 - Daily for basal s/c. usually fasting.
 - Twice daily for s/c biphasic, pre insulin administration
 - Four times daily for s/c basal bolus, pre administration
 - Hourly for IV
 - Other: as indicated on monitoring sheet
- No more than one BG reading >11mmol/l
- No more than one BG reading <4mmol/l

Part B

- Introduce yourself to the patient {hello my name is I am a pre-reg pharmacist.)
- Explain that you are collecting information on insulin prescribing
- · Ask the patient if they would be willing to answer some questions on insulin prescribing
- Record any comments patient provide (positive and negative) about experience with respect to insulin in hospital
- If you have relayed any patient concems to nursing staff on the ward, document in part B.