

SOCIETY

SOCIETY SYNOPSIS

Anaesthesia and Critical Care Society of QUB (AACC)

QUB Anaesthesia and Critical Care Society is a brand new society affiliated with the Royal College of Anaesthesia. Our goal is to promote and encourage students to explore the fields of anaesthesia and critical care. We offer students a chance to learn more about these fields through practical training events, exciting resources, and events where professionals in their respective fields come and give great talks!

We are affiliated with the Royal College of Anaesthetists, which allows us to offer students special resources, student deals, and information of exciting events open to students!

If you'd like to find out more or if you have any questions about the society, please feel free to email us at aacc-soc@qub.ac.uk

Asian Medical Student Association Northern Ireland (AMSA-NI)

Asian Medical Student Association Northern Ireland (AMSA-NI) Asian Medical Student Association Northern Ireland (AMSA-NI) is a dynamic and fast-growing society. A branch of the internationally renowned AMSA group, our goal is to help medical students from around the globe integrate into the QUB lifestyle... whilst providing them with the best experience possible (attend our socials, you'll see!). Aside from coming runners up for the best international society 2019, we also come short in medical academia too: revision spot tests, mock OSCEs and peer mentoring are just a handful of things you could be looking forward to as a member! On a more interesting note, we also take part at the yearly AMSA conference (this year held in London) where we discuss science-based medicine and other culturally intriguing affairs. As a society with over 27 nationalities we welcome anyone interested with open arms!

Belfast Marrow

A cheeky swab can save a life.

Who are we?

Belfast Marrow, the QUB student group that aims to save lives from leukaemia and severe blood disorders.

We work alongside Anthony Nolan to help recruit people to the bone marrow register. When someone is ill with a leukaemia or another blood disorder, often the lifesaving treatment is to receive a stem cell transplant from a donor match. By being on the bone marrow register, you have the opportunity to save the life of someone who is in desperate

need by a simple procedure. A simple cheek swab is all that is needed to sign someone up. Marrow is represented in universities across the whole of the UK and in four other countries, but we still need to grow and expand. With more supporters like you, we can help to save more lives.

What do we do?

We organise recruitment events, where we sign more people up to the bone marrow register. In addition to this, we fundraise for Anthony Nolan through organizing activities such as a Belfast marathon team, open mic events and nights out. We also give students the opportunity to get involved and volunteer for us, whether you would like to help out at clinics recruiting new potential donors, want to help us spread the word or want to get involved in fundraising.

How to get involved?

Sign up today to become a member of Belfast Marrow and get further information about recruitment events, fundraising activities and volunteer training nights. Also like us on Facebook to find out more, you won't regret it!

The Belfast Medical Students' Association (BMSA)

The Belfast Medical Students' Association first established in 1886 and is one of the oldest and largest society at Queen's (QUB). Our most important goal is to provide a healthy balance between work and having fun! We aim to provide unforgettable memories of your university years.

The committee is run by fourth year students and 4 elected representatives from each year group. We organise social events throughout the year encouraging students to meet new friends within their own year and across the entire school. We are responsible for organising the annual QUB Medicine Faculty Formal held in one of Belfast's most stylish venues!

The BMSA also encourage interaction between other Medical schools across the UK and Ireland by getting involved with inter- medical school sporting events travelling to external universities each year. At the end of each academic year the BMSA make charitable donations to various local charities and we also donate any surplus funds to other medical societies at Queen's.

The Brain Society

The Brain Society is QUB's official neuroscience/neurology/neurosurgery society. We explore personal journeys, eye-opening case studies, and career/clinical skills. We aim to inspire, educate, and connect brain-enthusiasts. Passionate about all things neuro!

Contact us by email (brainsoc@qub.ac.uk) or you can find us on Facebook!

DermSoc QUB

DermSoc QUB is a student led society that promotes awareness and education on skin disease and other dermatological conditions amongst QUB medical undergraduate trainees.

Through DermSoc QUB we aim to further education in the field of dermatology through symposia and lectures, as well as providing support for the British Skin Foundation through charitable events. WE also provide a link between medical students and the British Association of Dermatologists.

Friends of Medics San Frontiers

"**Friends of MSF**" QUB is a student-run university society dedicated to supporting Médecins Sans Frontières, also known as Doctors Without Borders. Médecins Sans Frontières works in over 60 countries, sending doctors, nurses and other medical professionals to areas affected by armed conflict, epidemics and natural disasters to provide emergency medical care.

Friends of MSF serves as the representative of MSF on campus and have the following objectives.

1. Raising funds and awareness of MSF's work and the conditions in which it works in.
2. Providing networking opportunities for individuals seeking to work with MSF in the future.
3. Equipping members with skills that would benefit them in the field of humanitarian work. This includes fields such as Clinical Skills, Public Health Awareness, Working within Multidisciplinary Teams, Humanitarian work for NGOs, Journalism and Political Awareness. "

MEDSIN

Medsin is a student network and registered charity tackling global and local health inequalities through education, advocacy and community action. We collaborate with over 30 Medsin branches across universities in the UK and internationally to host events which in the past have included workshops on HIV/AIDS and Tuberculosis in South African coal miners, an information evening on Global Health, a presentation about the Gaza/Israeli conflict and debates on topics such as the role of the commercial pharmaceutical industry in medicine. We often get highly qualified and interesting speakers to come in so it is always a great experience!

In joining Medsin you can also take part in various national conferences that take place

across the UK. Past locations have included Glasgow, Leeds and York, where you can learn and talk about public health issues that interest you on a local and international level, and find out how you can get more involved. We hold a yearly Cheese and Wine Night at the beginning of each academic year to welcome newcomers and encourage everyone to get involved and ask question about what Medsin is really about. We welcome students from all courses so please look out for news from us in the up-coming weeks!

Medical Students for Choice (MSFC)

Medical Students for Choice is an internationally known non-profit with a successful track record for change. MSFC works to de-stigmatise abortion provision among medical students and residents, and to persuade medical schools and residency programmes to include abortion as a part of the reproductive health services curriculum.

As the only chapter of MSFC in Northern Ireland, we advocate for access to free, safe and legal abortions for women and pregnant people, and improved reproductive healthcare education at Queen's. We hold many educational events during the academic year which are open to all medical students and students in healthcare-related subjects. Last year these included a contraception workshop, an event on FGM and a workshop on medical abortion.

Mind Matters

Mind Matters is Queen's University Medical Psychiatry Society. Established in 2014 by medical students, the society offers enthusiastic medical students an earlier exposure to the aforementioned unique and broad specialty. Our past events have ranged from addiction psychiatry, forensic psychiatry, child and adolescent psychiatry and much more. We are greatly supported by the Royal College of Psychiatrists; allowing our committee to invite speakers nationally. We are highly active on both Facebook and Twitter – platforms we use to teach the student body of mental health awareness. We continuously advertise CV enhancing opportunities such as bursaries to attend conferences and summer schools. To stimulate students across our cohort in the possibility of pursuing a career in Psychiatry and to raise an appreciation of the opportunities the medical specialty holds remains a personal goal for the society during the forthcoming academic year. Please do not hesitate to contact us on Facebook or via email if you have any event suggestions or questions.

@qubmindmatters

mindmatters@qub.ac.uk

NI Healthcare Leadership Forum

The Northern Ireland Healthcare Leadership Forum is a student society based at the Queen's University of Belfast. Our founding principle is to inspire health and social care students to take interest in the leadership of our National Health Service.

We provide free-of-charge events to students and qualified healthcare practitioners to explore current topics and service delivery challenges that affect day to day running of the National Health Service in Northern Ireland.

We believe effective leadership and management skills are important to the future health and social care student. Now in the early stages of our careers, students have the opportunity to learn more about their future work environment by becoming a member of the forum.

Working with healthcare leaders from across Northern Ireland, we aim to provide you our audience with knowledge, tools and insights into issues affecting modern healthcare systems. We also host a Local Experience Network (LEN), providing CV-enhancing experiences to healthcare students in the form of service and quality improvement projects, internships, work-shadowing and leadership courses (subject to availability).

Obstetrics & Gynaecology Society

The Obstetrics & Gynaecology Society run at QUB is an academic society which aims to introduce and educate students about the exciting area of medicine that is O&G. Our society runs practical, hands-on workshops, exciting seminars and debate evenings and finally careers nights and OSCE revision workshops!

O&G events also cover many other specialties in medicine including; paediatrics, reproductive and sexual health medicine and psychiatry.

QUB Pre-Hospital Care Society

QUB Pre-Hospital Care Society The field of prehospital medicine is a rapidly developing medical specialty and ranges from bystander CPR to the delivery of complex medical interventions by highly skilled teams of prehospital clinicians. It is a truly multidisciplinary specialty and the Prehospital Care society prides itself as a society of individuals from various healthcare degrees and voluntary organisations.

Our events throughout the year cover a wide range of prehospital skills and insights; including teaching from experienced physicians, nurses, paramedics, army officers and volunteers. From roadside to resus we aim to equip individuals with an insight into the practical skills and teamwork required to deliver advanced care in demanding circumstances and environments. We aim to organise interactive events providing the opportunity to hear

from experienced healthcare teams and including hands-on practical skills demonstrations. Join us at our next event for the opportunity to experience teamwork at its finest and learn lifesaving skills to enable you to 'Be the Difference!'

QUB Child Health Society

QUB Child Health Society – focuses on Paediatrics and during the year run numerous events focused on the specialty of Paediatrics including talks, workshops and revision sessions. We intend to provide medical students more information on this specialty and help tailor our talks and workshops to topical issues, focusing on both education and the practical aspect of paediatrics. We encourage everyone to get involved whether you are very keen to work with children in the future or would just like to know more about this exciting specialty.

QUB GP SOCIETY

QUB GP Society promotes general practice among medical students. As a cornerstone of the NHS, general practice provides a varied, exciting and intellectually stimulating career.

This year we will be holding events from a range of speakers exploring some of the opportunities open to you as a medic. Also there will be plenty of OSCE practice and speciality evenings to get you ready for those summer exams. Additionally, we offer opportunities to get involved in audits to enhance your medical CV and give you a better chance when applying for the Foundation Year programme.

Not sold yet? We also offer financial assistance for getting to the Discover GP Conference, a fantastic excuse for a weekend away and a chance to meet some inspirational speakers and students from other universities!

You can find us on Facebook, Twitter and Instagram, and we can't wait to meet you all at the Fresher's Fair!"

QUEEN'S UNIVERSITY BELFAST RADIOLOGY SOCIETY (QUB RadSoc)

QUB RadSoc - Radiology is about the various methods that people can image the internal structures of bodies. It is an important specialty within medicine, but in addition to doctors, is key to radiographers, nurses and midwives. And it doesn't matter if you want to become a radiologist or not, you will get given an x-ray in your student and professional career by a consultant, and be told "present this to me."

So what we want to do is make you all bosses at X-rays, and while we're at it, CTs, MRIs, ultrasounds, and whatever else we can get our hands on!!! We do this by organizing teaching events, and practical events where get together and, in a fun and collective way, develop our interpreting skills until everyone is confident in their radiology skills.

We are an educational society at heart, and alongside the imagery side of things, we also run revision and practice sessions for OSCEs and practical skills for junior medical students.

So join the society, become an X-ray know-it-all (a likeable one of course), and let's have a laugh while we're at it. If you want to chat to us first, or see what we are about, you can contact us through our email radiology-soc@qub.ac.uk or via our official Facebook page.

Queens Christian Medical Fellowship

Queen's Christian Medical Fellowship is the Belfast student branch of a worldwide collaborative of Christian doctors, nurses, students and other healthcare workers. As a society, we are focused on uniting and equipping Christian medical students. Our aim is help our members to reach out to their fellow students with the good news of what Jesus Christ has done for us all, to help them to grow in their faith, and to support them in promoting Christian values in medicine.

We hold several events each semester where we invite Christian doctors to come and speak on topics that help us to determine how we should relate our studies to our Christian faith as well as looking at difficult and sometimes topical issues in bioethics.

Everyone is very welcome to come along to any of our events, but we would really encourage you to join up at the Fresher's Fair, so we can keep you informed about upcoming events and also pass on great discounts for the Irish and UK National CMF Student Conferences.

If you'd like to find out more about Queens CMF or if you have any questions about upcoming events, please feel free to email us at: cmf@qub.ac.uk.

QUB Sports & Exercise Medicine

SEM is made up of three elements; exercise as a way to improve health, exercise as treatment for illness and the treatment of injuries from sport.

While practitioners do treat elite sportspeople, the specialty has a large-scale application in improving the health of the general public. Within NHS services, this is through the delivery of two broad provisions, Exercise Medicine and Musculoskeletal services across primary, secondary and intermediate care.

SCRUBS

Scrubs is one of the largest and oldest medical academic societies, although primarily a surgical society, we offer a huge range of events & opportunities for all medical students. Throughout the academic year Scrubs organises:

- Anatomy Revision Classes
- Surgical Skills Workshops

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- Practice OSCEs
- Guest Lectures
- Women in Surgery Night
- Social Events
- Careers Evenings
- Research Symposium
- ...and a whole lot more

The highlight of the Scrubs calendar the Emergency Medicine Conference in which students from across the UK and Ireland gather for talks and practical clinical skills training from professionals at the top of their field.

Though our affiliations with the Royal College of Surgeons England (RCSEng), the Royal College of Surgeons of Ireland (RCSI) and the British Medical Association (BMA), we offer members opportunities to attend international and national conferences and competitions.

Established in 2004, Scrubs has gone from strength to strength being awarded the Student Union's Academic Society of the Year twice and this year we hope to build on this success by organising bigger events of our members - Like us on Facebook and follow us on Twitter at @QUBScrubs to be the first to know about them!

Students for Global Health (SFGH)

Students for Global Health (SFGH) is a national student network and registered charity tackling local and global health inequalities through education, advocacy and community action. At Queens we have held events, workshops and student conferences on topical issues such as HIV/AIDs, homelessness, and Ebola – all given by experts in their fields and interesting speakers. Moreover in the past two years we have run a buddy scheme between Queens' students intercalating in Global Health at Maastricht University in the Netherlands and prospective students to help them with the application process and give them the best chance of being accepted. In joining SFGH you can also take part in various national conferences that take place with other SFGH branches across the UK. Past locations have included Glasgow, Leeds and York, where you can learn and talk about public health issues that interest you on a local and international level, have the opportunity to present research projects that you have done, and find out how you can get more involved at SFGH at a national level. We hold a yearly social at the beginning of each academic year to welcome everyone. We welcome students from all courses, including Nursing, Law and Geography, so please look out for news from us in the up-coming weeks!

If you have any more questions or want to find out more about SFGH please like our FB page (<https://www.facebook.com/SfGHQUB/>.) or email us at sfgh@qub.ac.uk. We look forward to meeting all of you!

SWOT

Swot is an exciting charitable medical society at QUB. SWOT raise over £50,000 every year that 4th years bring to developing countries on their elective. SWOT raises money through fundraisers such as BP clinics, bag-packs, UV party, Toga party as well as many other events. One event not to be missed is the infamous SWOT Fashion Show held in March. This alone raises up to £30,000.

SWOT is built on the enthusiasm and determination of Medical Students to help those that need it most. SWOT saves lives.

SwotUP

Who we are?

SwotUP is a non-profit organisation established in 2016 with a mission to improve access to UK medical schools for students in Northern Ireland.

What we do?

At swotUP, our aim is to provide students studying in schools and universities in Northern Ireland with the skills and confidence to increase their success in their application to medical school. We do this by running comprehensive, one-day courses that are designed to guide students through all aspects of the application process and include:-

- lectures and seminars on medical school interviews, entrance tests and the UCAS system
- tutorials on basic clinical skills
- ethics workshops
- simulated medical school interviews

swotUP runs 3 types of courses throughout the academic year:-

- Year 14 Interview Masterclass
- Year 13 Medical School Application Course
- Graduate Interview Masterclass

Further information about the society and our courses is available on our website swotup.org.

Why we do it?

Many students have no experience of applying to medical school in their family or wider social circle and support from career department staff in schools and universities can vary

widely, especially where there is limited experience of students applying to medicine. Through swotUP, we aim to address these challenges with all money raised from our courses donated directly to our chosen charities, SWOT and the Royal Medical Benevolent Fund.

What can you do?

The swotUP courses are designed and ran entirely by medical students. As a medical student, you have been successful in your application, making YOU the expert in the application process. swotUP is currently looking for medical student volunteers to help run our courses throughout the year where you will be given the unique opportunity to deliver lectures, seminars and interview applicants, so get involved!

Contact us: swotUP@outlook.com or [facebook.com/swotundergraduateprogrammes](https://www.facebook.com/swotundergraduateprogrammes)

Teddy Bear Hospital

Who are we?

Teddy Bear Hospital is a medical society at Queen's University Belfast. We have over 80 members who are enthusiastic about their work with children.

What we do?

We run a fun and engaging programme focusing on promoting a positive image of the healthcare profession to children as well as promoting healthy lifestyle from an early age. We send students into schools, youth clubs and after school clubs to actively work and teach with young children.



What our workshop involves?

Our hour long interactive lesson based in the classroom on Wednesday afternoon involves around 6-8 medical students carrying out 4 ten minute interactive sessions based on:

Healthy eating- we have some fun games to get the students to differentiate between healthy/unhealthy foods.

Healthy Bones- we have some bones and mini skeletons which we use to play a game asking students what they think each bone is and then focus on how we can keep our bones healthy.

Physical Activity- we have some classroom based physical activity exercises and will then discuss why this is important.

Trip to the Doctor- at this point we would ask the children to get their teddy bears and we will provide some toy medical sets and get the students to act as 'teddy doctors' and try and

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treat their teddies, we will also have some real medical equipment (stethoscopes etc.) to show the children and explain why the doctor would use these to try and decrease their fear of going to the doctor.

Contact us: teddybearhospital@qub.ac.uk

British Medical Association Northern Ireland - BMA NI

BMA is the trade union and professional association for doctors and medical students across the UK. We are here to: protect your rights, support your education, give you a voice. We are also a scientific and educational body for the medical profession, and publisher of *The Doctor* magazine (delivered monthly to doctors and available online for students).

For medical students, membership of the BMA helps you prepare for exams and interviews and also provides practical and clinical learning to help you progress to foundation training and your career beyond. The BMA is the only organisation to offer member's free access to BMJ Learning, the student BMJ and the BMA's learning and development online resources. Members also have access to the BMA libraries free postal send-and-return service for core clinical textbooks. Membership also ensures you can influence BMA lobbying on areas of interest to you at regional, national and European levels.

Contact us by email BMANorthernIreland@bma.org.uk or find us on Facebook and Twitter.